



Camping & Outdoor Activities Cookbook

Part of the Troop 250 "Cookbook" Series of Handbooks



**Troop 250
Palmetto Council
York District
Fort Mill/Tega Cay, SC
Last Revised: August 11, 2015**

Introduction

Like your grandmother's old recipe cards in the kitchen, the Troop 250 "cookbook" series of handbooks are designed to pass along knowledge and guidance to help parents and our adult and youth leaders administer the program. These handbooks document each important function of the troop's program, ensuring that Troop 250's "recipes for success" are passed along to future generations. These handbooks can serve as guides to the individual Scout, parents, the Patrol Leader's Council, and the Adult Leadership of the troop.



These handbooks are meant to be "living" documents, changing and evolving with the troop as we encounter new ideas and experiences and solve new challenges. Any adult leader, parent, or Scout can contribute to the handbooks and are responsible for ensuring that the content remains in line with the aims and methods of Scouting. For the purpose of maintaining and editing the handbooks, the Scoutmaster should be the primary contact and editor of the document. Other adult leaders directly responsible for functions at the troop level may be tasked by the Scoutmaster to edit and maintain content.

The **Camping & Outdoor Activities Cookbook** was developed to provide the guidance, knowledge, and tools used in the successful execution of the troop's outdoor program. The outdoor program is one of the most important aspects of Scouting. Without the outdoor program it would be difficult to provide our Scouts with **fun** activities that keep them fit, teach them practical skills, and put them in touch with the amazing world around us.

Every outing we have as a troop is important to the success of the program and this handbook will serve to ensure that each experience is fun and informative for our Scouts.

Harold Rempel
Scoutmaster
Troop 250
S5-549-14

Table of Contents

Introduction.....	1
The Boy Scout Outdoor Program.....	4
Types of Outdoor Program Activities	4
<i>Troop and Patrol Activities</i>	4
<i>Council and District Activities</i>	5
<i>National Activities</i>	5
Information for Parents.....	6
Your Role as a Parent or Guardian	6
<i>How You Can Help Your Scout</i>	6
<i>Youth Protection Training</i>	7
The Outdoor Activity Process.....	7
<i>Activity Planning and Selection</i>	7
<i>Two to Three Weeks Prior to Activity</i>	8
<i>One Week Prior to Activities</i>	8
<i>During Activity</i>	8
<i>Post-activity Actions</i>	9
Safety.....	9
<i>Potential Issues</i>	9
Leadership Structure for Camp Outs.....	10
Gear and Being Prepared	11
<i>Lost and Found</i>	11
Travel.....	12
Being a Grubmaster.....	13
Useful Links and Information	14

Information for Adult Leaders.....	15
Training.....	15
Troop Documents.....	15
Planning.....	16
Tour Plans.....	16
Adult Leadership.....	17
Information for Youth Leaders.....	19
Youth Leadership during Planning	19
Youth Leadership during the Activity.....	19
Youth Leadership after the Activity.....	20
PLC Documents.....	20
Troop Gear.....	20
Campsite Rules	21
Schedules.....	21
Inspections and Reporting.....	21
Appendix A: Outdoor Activity Planning Forms.....	23
Appendix B: General Gear/Packing List.....	28
Appendix C: Additional Forms & Checklists	31

The Boy Scout Outdoor Program

Outdoor adventure is a promise made to our Scouts when they join the program. Boys that join are interested in these activities that stimulate their interest and capacity for learning.

While taking part in Troop outdoor activities, our Scouts have the opportunity to become more self-reliant as they grow with the Troop, face new challenges, and learn skills that will stay with them and become positive attributes of their character.

At Troop 250 we encourage the patrol method to teach skills and values to each Scout. By operating as patrols, they quickly learn that by working together they can accomplish far more than any Scout could do alone. This teamwork approach during the planning and execution of outdoor activities is crucial to the success of the program.

Exercise and fitness are an essential part of the outdoor experience, especially as Scouts get older. Hiking, climbing, bike riding, and playing games during outdoor activities gives them an opportunity to remain fit and become acclimated to a healthy lifestyle.



Types of Outdoor Program Activities

Our Scouts have access to many activities in the outdoor program at the Troop, Council, District, and National level. Taking advantage of these experiences gives each Scout skills and experiences that will stay with them in the years to come. The following activities are incorporated into the program at various levels.

Troop and Patrol Activities

- **Day hikes**—these are short hikes (2 to 10 miles) in terrain without significant terrain elevation changes
- **Service projects**—projects that may be related to community service, conservation, Scouting for Food, or healthy living activities.
- **Patrol activities**—our patrols are encouraged to plan patrol activities outside of the overall Troop activities. Patrols may hike, camp, or work on service projects as a patrol or with other patrols or squads in the unit. If they hike or camp on their own, please note that this requires prior notice to the Scoutmaster to secure permission.
- **Weekend overnights**—our Patrol Leaders Council (PLC) meets once a year to plan out the next year's Troop campouts. For each month the PLC attempts to schedule one high-adventure campout (such as backpacking and hiking) along with a campout geared to

the younger scouts working on initial skills, orientation to scouting, and grub master requirements.

- **Summer Camp** - Troop 250 takes part in a summer camp program each year. Summer camp provides numerous opportunities for Scouts to get initiated into scouting (first year Scouts take part in the Brown Sea Island program), earn merit badges towards their advancement trail, and bond with their patrols and leaders. Summer camp includes at least 6 nights and six days of fun outdoor activities. Troop 250 maintains a permanent web page on our site dedicated to summer camp and our summer camp handbook is maintained separately from this document.

Council and District Activities

- **Camporees** - councils and districts plan camporees and other outings during the year that give Scouts an opportunity to test their knowledge and skills in competitive events with other troops and patrols.
- **Council high adventure** – Council high adventure activities include trekking in wilderness, sometimes in rugged and remote locations. Trekking may include backpacking, canoeing, mountain biking, horse packing, mountain climbing, ski touring, rafting, kayaking, or other types of outdoor adventures.

National Activities

- **Jamborees** - Every four years, the Boy Scouts of America hosts a national Scout jamboree. Tens of thousands of Scouts and leaders from across the country participate in this 10-day event which is filled with the most popular and highest quality outdoor activities available to Scouts.
- **National high adventure**—The BSA operates national high-adventure bases and programs. Philmont Scout Ranch in the mountains of New Mexico provides rugged backpacking treks. The Florida National High Adventure Sea Base provides aquatic and boating programs. The Northern Tier National High Adventure Program, in northern Minnesota (along with two satellite bases in Canada), provides numerous canoe treks and programs.

Information for Parents

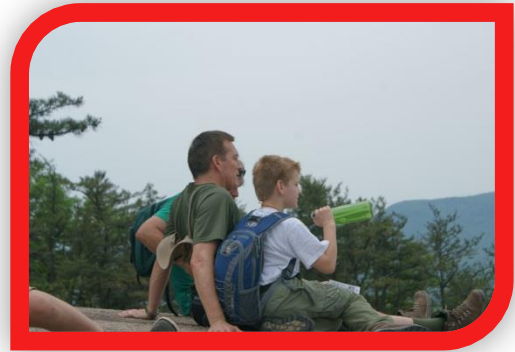
Camping and other outdoor activities can be fun and fruitful experiences but without the proper planning, equipment, and structure they can quickly turn into a nightmare that has the potential to turn your Scout away from the scouting experience and sour them on outdoor activities. This section covers the process by which Troop 250 plans for, executes, and learns from each activity. The roles of the parent, adult leader, and Scouts are also outlined.

Your Role as a Parent or Guardian

This is role that can often be underestimated in Scouting. The parents or guardians of our Scouts play a very important role in the success of our outdoor program. From volunteering to help with transportation and activities to ensuring that your Scout can attend, you play a very active part in your Scout's ability to get the most out of the outdoor experience.

How You Can Help Your Scout

We strive to teach each Scout independence and self-reliance and develop them into young men of strong character. We guide them and provide them with the tools to apply their scouting knowledge. However, we need your help! You can help our troop be successful in the outdoor program by doing the following:



- **Be supportive of your Scout** – the sky is the limit in terms of how much your Scout can get out of activities at all levels. Encourage them to take part in outdoor activities wherever possible. Distractions from video games, electronics, and peer pressure can derail your Scout from taking part. You know better than anyone else how to steer your Scout in the right direction.
- **Know the process and rules** – the process by which we plan and communicate these activities is covered in this document. Knowing the process and when and how to do things like sign up and pay for a campout is important. Know where to get information or who to go to for questions. Know the rules regarding campouts and troop activities outlined in this document and the Troop 250 Code of Conduct.
- **Be observant** - is your Scout coming back from activities excited about the fun they had? If not, find out why and let the adult leadership know if there is a problem. Pay attention to what he packs; we want him to be self-reliant but if you notice him walking out the door without extra socks or raingear, you may want to say something.
- **Encourage them to apply their knowledge** – For instance, does your Scout have to come up with a patrol menu this campout? If so, is he following the nutritional and planning guidelines in his Scout Handbook? Does he know how to use his gear? All of the basics are in his handbook or he can ask his patrol leader.

Youth Protection Training

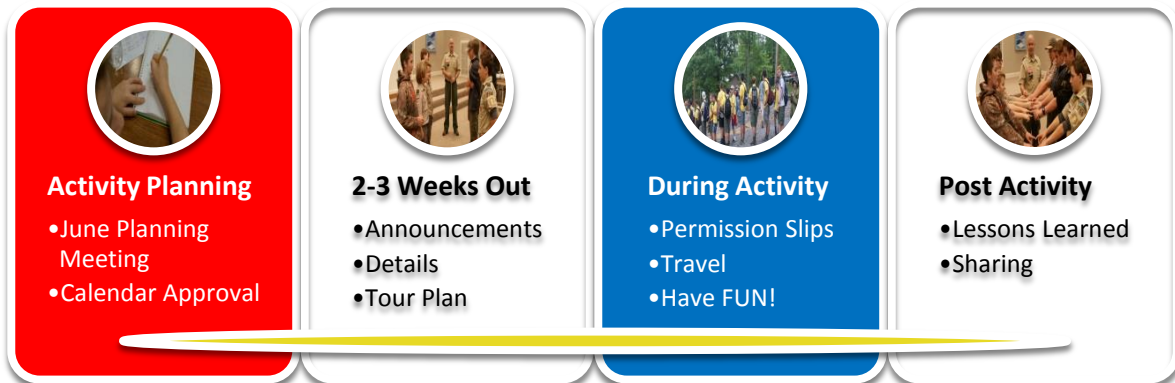
Youth Protection Training (YPT) is required of all adults in the troop that work with our Scouts. This training is an important part of keeping our Scouts safe. We encourage all parents, even if not directly working with our Scouts, to be trained. If you volunteer to go camping, provide transportation, be a merit badge counselor, take part in boards of review, etc. you must have YPT training. Training is refreshed every two years and can be done online. You should sign up for an account on the [scouting.org](http://www.scouting.org) website. The following link provides more information and training resources for YPT:

<http://www.scouting.org/Training/youthprotection.aspx>

If you have questions about YPT please ask any adult leader in the troop for help. Upon completion of training you should notify the Unit Training Chair so that they are aware that you have completed the training.

The Outdoor Activity Process

The following outline describes the process of how our outdoor activities are developed, planned, and executed. This section is provided to educate parents on the process. Adult and youth leaders in the troop undergo training for the outdoor program. The overall work flow is depicted in the below figure.



Overall Outdoor Activity Process

Activity Planning and Selection

1. The Patrol Leaders Council, made up of our youth leadership, meets once a year to plan all outdoor activities for the upcoming year. While adult guidance is available, the PLC is ultimately responsible for deciding which outings we will do as a troop throughout the year. The PLC is charged with ensuring that outings are fun, adventurous, and meet certain troop goals such as providing training for advancement.
2. Once the desired list of outings is produced by the PLC, the Activities Committee, Scoutmaster and Assistant Scoutmasters will meet to review the list in case there is any

safety or other considerations. At this time, the adult leaders will develop the Troop Calendar for the new year; taking into account the Fort Mill school year calendar, BSA District and Council events, and other considerations such as Order of the Arrow events, troop events, and holidays.

3. Once published, the Troop Calendar in online view and as a downloadable PDF will be available here: <http://www.bsa250.org/troop250/calendar/>

Two to Three Weeks Prior to Activity

4. As the date for a campout or other outdoor activity approaches, emails will be sent out by someone on the Activities Committee or by the individual managing the activity in cases where another volunteer is involved. These emails will remind members of the date, location, cost, and method of signing up. A permission slip is also provided. Depending upon the activity, the communication may ask Scouts to sign up as Grubmasters (the lead cook for the patrol). *You must be on the troop mailing list to receive these emails.*

Note: The sooner Scouts sign up for each activity, the easier it is for the event coordinator and the Patrol Leader's Council (PLC) to plan transportation and camp out schedules

5. A rough outline of the schedule and activities for the camp out will be made the the preceding PLC meeting. Announcements are made at troop meetings by our Youth Leaders about the event and the event coordinator begins to line up transportation and finalize plans. For the camp out or outdoor activity to move forward, there are minimum criteria that must be met:
 - a. At least two registered, adult leaders must be present at all activities (ideally two adults present per patrol; YPT trained parents may be included)
 - b. At least one adult leader with First Aid/CPR training and Weather Hazards training is required
 - c. Other trained adults may be required depending upon the activity (such as water activities or climbing)
 - d. Sufficient transportation available to safely transport Scouts while maintaining two-deep leadership
 - e. Enough Scouts signed up to allow the activity to take place

One Week Prior to Activities

6. The event coordinator submits a Tour Plan to the Council for approval
7. The SPL or designee determines the daily schedule and patrol assignments for the activity and may designate an "Acting Senior Patrol Leader" for the event if he is not attending. The event coordinator or Scoutmaster designates a "Scoutmaster in Charge" (SMIC) if the Scoutmaster is not attending.

During Activity

8. At the designated time and date, Scouts and adults meet at a rally point (usually Grace Presbyterian Church). The event coordinator collects all permission slips, takes roll, and assigns Scouts to drivers and hands out driving directions.

9. Upon reaching camp, the Troop's first priority is to set up camp, starting with the troop equipment.
10. Once all troop equipment is set up, the Scouts are allowed to set up their tents and other personal gear
11. On the last day of the camp out, the troop first breaks down troop equipment and packs the troop trailer/s and then their personal gear.
12. A "policing" line is formed to ensure that the camping area is clean (following Leave No Trace principles), roll call is taken, and all Scouts are assigned drivers again if returning in a different vehicle

Post-activity Actions

13. Scouts and leaders return to the rally point in town at a time that has been communicated to the parents. To facilitate the process, parents are asked to not be late when picking up their Scouts
14. The Scouts that attended the activity share their experience with the troop at the next troop meeting
15. The PLC and adult leaders conduct a lessons learned meeting to discuss what went right and what needs improvement

Safety

Safety is paramount during troop activities. This is especially true during outdoor activities where Scouts are taking part in physically demanding activities and are exposed to the elements, wildlife, and rugged terrain. By the time a Scout reaches the rank of First Class he has learned how to apply First Aid, identify poisonous plants, and be prepared for weather and other environmental conditions. Our adult and youth leaders are continuously reinforcing these skills, starting with Camping 101 and continuing on throughout their time in Scouts. Adult leaders are expected to complete basic and advanced training for their positions which cover safety for all scouting activities.



Potential Issues

Though some of these are covered in your Scout's training and in the Scout Handbook, here are some potential issues you should be aware of as a parent:

- **Bringing sodas and sugary drinks on hikes and camp outs** - You probably do not let your Scout participate in sports with soda or other sugary drinks in their water bottle. Outdoor activities are no different. Your Scout will be required to drink water at camp outs and other outdoor events and leaders will check to make sure that they are hydrated and that plenty of water is available. In cold or hot weather, staying hydrated is **critical** to the well-being of your Scout.

- **Not being prepared for weather** – Kids like to think they are immune to the elements and may not always pack appropriately even after they have been trained. During camp outs we can experience chilly nights even during the summer months. Being prepared for rain and cold, having an extra set of shoes and clothes, and layering up when needed are important steps to take. Always be mindful of what your Scout is packing and purchase the proper gear for them.
- **Outgrowing gear** - Every boy is different and may experience growth spurts, quickly outgrowing their clothing and gear. Hopefully your Scout will tell you when they outgrow that pair of hiking boots or sneakers. Be observant and make sure that you keep your Scout properly geared up.
- **Improper use of knives** – Troop 250 has very specific policies regarding the use of knives at troop activities. They may not carry a knife if they have not earned their “Totin’ Chit” Please ensure that your Scout understands the portion of the Troop 250 Code of Conduct regarding knives. For minor infractions a youth or adult leader will discuss the problem with the Scout and may elect to remove a corner from the Scout’s “Totin’ Chit”. Upon removal of all 4 corners for minor infractions, the Scout loses the chit and must retrain and be approved to earn a new one. For major infractions the Scout may lose the chit immediately and require retraining or may be asked to leave the Troop if the infraction is severe enough.
- **Building or playing around fires** – Boys are naturally drawn to fires and have great fun building and learning how to use them. However, fires can be dangerous if left unattended or if the Scout is horsing around near the fire. A Scout may not build a fire, watch over one, or otherwise maintain one unless they have received the proper training and have earned their Fireman’s Chit. There are very specific guidelines regarding fire safety and our youth and adult leaders are expected to strictly enforce them.
- **Use of cell phones and other electronics** – an outdoor activity is often your Scout’s best chance at being “unplugged” for a couple of days. Electronics can be a distraction during outdoor activities, often taking away from the experience of the outdoors and reducing their ability to remain focused on the learning experience. Troop policy forbids the use of electronic devices during outdoor activities. Our adult leaders will have the necessary information and means of communication to handle any issues. It is not necessary, nor allowed for your Scout to carry a cell phone or other device.

Leadership Structure for Camp Outs

For all camp outs, including summer camp, the following leadership structure is used:

- The adult leadership structure is there to guide the youth leadership in the execution of the event. They are also ultimately responsible for the safety of each Scout and for handling any disciplinary or other issues that exceed the ability of the youth leadership to handle. The adult leadership consists of:
 - Scoutmaster In Charge or Scoutmaster
 - Assistant Scoutmasters attending

- Adult Troop Quartermaster (or designee)
- Other adult leaders attending
- The youth leadership runs the event and is responsible for ensuring that all attending Scouts are operating as a team where needed. The youth leadership consists of:
 - Senior Patrol leader or Acting Senior Patrol Leader
 - Any Assistant Patrol Leaders (ASPLs) attending
 - Patrol leader/Asst. Patrol leaders attending
 - Youth Troop Quartermaster (or designee)

Gear and Being Prepared

“Being Prepared” is not just the Boy Scout motto; it is a way of life and the foundation for having a great experience in the outdoors. Your Scout’s handbook contains many chapters that apply to the outdoor experience and should be your Scout’s first source of information to prepare for the outdoors. Below are a few of these:

- Chapter 4 – First Aid
- Chapter 6 – Nature
- Chapter 7 – Leave No Trace
- Chapter 8 – Hiking
- Chapter 9 – Camping
- Chapter 10 – Cooking
- Chapter 11 – Navigation
- Chapter 12 – Tools

As you can see, the majority of the content in the handbook applies to the outdoor experience and the woodcraft and campcraft skills need by your Scout.

For specialized camp outs, a tailored gear list may be sent out along with the permission slip prior to a camp out. **Appendix B** of this cookbook contains a general gear/packing list that applies to most of our camp outs. These lists are also available on the “Outdoor Activities” page on our website.

Lost and Found

If there is anything certain about an outdoor activity it is that boys can be forgetful. Losing or leaving gear is a common occurrence. While we make every effort to ensure that Scouts are mindful of their belonging, we can (and will) end up with gear not claimed at the end of an activity.

We will make every attempt to return gear to the rightful owner and will bring the gear to the next troop meeting. However, you can ensure that the odds are in favor of your Scout holding on to his gear by doing the



following:

- Label the gear with an indelible marker or tag
- Encourage your Scout to use a checklist while packing at home and at the end of a campout
- Your Scout should make a habit of putting away things during a campout. Not only to make sure it isn't lost, but to protect his gear from the elements

Common issues:

- Articles of clothing, mess kits, water bottles, and other items left outside the tent or at the campfire at night
- Improperly attached items
- Lack of name on gear

Travel

Scout uniforms are mandatory when traveling to and from activities. Providing adequate transportation to and from activities is the responsibility of all the adults in the troop. If enough adult leaders are not available to transport all the boys, parents will be asked to help in transport. Whether you are a parent or leader volunteering to drive, you must follow safe driving practices. As most accidents occur near home, even short trips should follow these practices.

In general:

- Seat belts are required for all occupants.
- All drivers must have a valid driver's license that has not been suspended or revoked for any reason. If the vehicle to be used is designed to carry more than 15 people, including the driver (more than 10 people, including the driver, in California), the driver must have a commercial driver's license (CDL).
- The driver must be currently licensed and at least 18 years of age. Youth member exception: when traveling to and from an area, regional, or national Boy Scout activity or any Venturing event under the leadership of an adult (at least 21 years of age) tour leader, a youth member at least 16 years of age may be a driver, subject to the following:
 - Six months' driving experience as a licensed driver (time on a learner's permit or equivalent is not to be counted)
 - No record of accidents or moving violations
 - Parental permission granted to the leader, driver, and riders
- Trucks may not be used for transporting passengers except in the cab.
- All vehicles must be covered by automobile liability insurance with limits that meet or exceed requirements of the state in which the vehicle is licensed. It is recommended that coverage limits are at least \$50,000/\$100,000/\$50,000. Any vehicle designed to carry 10 or more passengers is required to have limits of \$100,000/\$500,000/\$100,000.
- Obey all laws, including the speed limit.

- Driving time is limited to a maximum of 10 hours and must be interrupted by frequent rest, food, and recreation stops. If there is only one driver, the driving time should be reduced and stops should be made more frequently.
- Travel and rest time is limited to a maximum of 10 hours in one 24-hour period, regardless of the number of drivers available. The intention is to include sleep and thorough rest breaks while traveling long distances.
- Drivers should refrain from using cell phones (including hands-free units) and text-messaging devices while driving.
- Do not travel in caravans; this increases the risk of accidents

Being a Grubmaster

The grubmaster is the Scout who volunteers or who has been selected by his patrol to be responsible for coming up with the patrol menu for a camp out, shopping for the menu and staying within budget, and cooking and managing the patrol kitchen. Being a grubmaster is a necessary to take care of patrol nutrition during camp outs and is a requirement for several achievements during your Scout's trail to Eagle (such as rank advancement and merit badges).

Being a grubmaster can be a fun learning experience with the added benefit of helping your Scout develop cooking skills.

At Troop 250, first year Scouts are expected to volunteer for grubmaster as soon as opportunities are available to ensure that they complete the requirements for their initial rank advancement (target First Class in year one). When an announcement for a camp out goes out, there will be a request for Scouts to volunteer as grubmasters. Within a week of the campout, grubmasters will be assigned. This is because we typically do not have a final count of Scouts attending until that week of the camp out. Grubmaster opportunities are treated as "first come, first serve". **A grubmaster has to cook for at least 3 Scouts in his grub patrol. Because of this, do not cancel your Scout's attendance just because he didn't get selected for grubmaster. This is not fair to the Scouts that go and could result in another Scout not having enough patrol members to cook for.**

For most camp outs, each patrol is responsible for the Friday evening snack, and 4 meals each patrol will cook and eat on Saturday (breakfast, lunch, dinner) and Sunday (breakfast).

Additionally:

- Grubmasters should get a final number of Scouts from the event coordinator or his patrol no later than Wednesday evening of the week of the camp out. If the Scout does not hear from the coordinator by then, he should contact the coordinator or Scoutmaster.
- The menu developed by the grubmaster should take into consideration the following:
 - Food safety, food preparation, and nutritional guidelines found in his Scout Handbook
 - Budget for the menu (this will be set by the event coordinator and based on size of the patrol and type of event)

- **Know of any allergies in the patrol that you are cooking for**
- **Have your menu approved by an adult leader!**
- Please review the menu for the above guidelines and help your Scout convert the menu to a shopping list. Walking your Scout through the process of developing a shopping list for his menu will often turn up missing items (such as condiments or paper towels). Make sure all items needed are on the list.
- Next your Scout will go shopping. Let him do the shopping. The adult's job is to be the banker and to advise him, NOT shop for him. The grubmaster has a budget per scout for the weekend to spend on food. Help him stay within his budget. This is part of learning how to make choices and to budget for a group. Make sure that your Scout is making good nutritional choices. Snacks are fine but make sure that snack foods are just that, snacks and not meals. Plan for any items that need to remain cool and provide a cooler.
- Please save register receipts for reimbursement by the troop if your Scout was not given a cash distribution at the prior meeting. Receipts are to be turned in to the troop treasurer on the Committee for reimbursement.
- **PAPER TOWELS** – each grubmaster is to purchase 1 roll of paper towels for the patrol chuck box. These are indispensable during a camp out.
- A budget is usually set by the event coordinator and the Scout can be reimbursed for the food or can get the set amount from the Troop Treasurer beforehand and return any unused funds.
- **Grace will be said before the start of every meal.**

A Scout cannot be a grubmaster until they have been properly trained on the use of the troop equipment and in propane safety. This typically occurs at Camping 101. If a Scout has not attended Camping 101 they can be trained on-site by an older Scout.

Checklists and forms that the grubmaster can use are included in Appendix C of this document.

Useful Links and Information

If you are new to camping and outdoor activities, or just need some help adapting to Scouting there is a wealth of information online, in BSA publications, and from the adult leaders in the Troop.

1. The Boy Scout Trail website contains a wealth of information on scouting. The website's library has great information for outdoor activities:
<http://www.boyscoutstrail.com/library.asp>
2. Scoutmaster CG is another great site:
<http://scoutmastercg.com/category/outdoor-program/>
3. Scouting.org contains general information and guidelines:
<http://www.scouting.org/scoutsource/HealthandSafety/GSS/gss03.aspx>
4. Additional information for drivers:
<http://www.scouting.org/scoutsource/HealthandSafety/GSS/gss11.aspx>

Information for Adult Leaders

As prepared as we want our Scouts to be, adult leaders need to meet higher expectations when it comes to being ready to administer a strong and rewarding outdoor program. Proper planning and execution is critical to ensuring that the boys have fun and learn something in the process.

Training

Taking part in BSA and other training for the outdoors is essential to our program. It is also richly rewarding and serves to motivate our leaders. For adults on the program side (Scoutmasters and Assistant Scoutmasters) the following training is required by our troop and or the BSA and applies to the outdoor program:

- Youth Protection Training (complete immediately upon joining)
- Scoutmaster Position-Specific Training (indoor training)
- Introduction to Outdoor Leader Skills (IOLS)
- First Aid/CPR
- Weather Hazards

The following are supplemental training courses that increase the adult leader's capabilities in the outdoors and are highly recommended:

- Powder Horn
- Wilderness First Aid
- Woodbadge
- Safety Afloat
- Safe Swim Defense
- Climb on Safely
- Trek Safely

Training is available online for some courses, while others require attendance in person. The Unit Training Chair can assist you in finding classes and schedules. When training is completed, be sure to notify the Unit Training Chair and keep a record of the proof of completion.

Owning a copy of the **Guide to Safe Scouting** is recommended as well. Be sure to obtain the latest version.

Troop Documents

Troop documents used for planning and executing our outdoors activities can be found in **Appendix A** of this document and on the troop website here:

<http://www.bsa250.org/troop250/outdoor-activities/>

These include:

- Basic packing/gear lists

- Planning checklist
- Troop permission slip
- Camp out roster template
- Sample schedule

Planning

The yearly planning meeting conducted by the PLC is the primary source of activities that the troop will be doing over the course of the following scout “season”. Though the PLC is responsible for coming up with the outdoor activities, the adult leaders present will provide guidance and ensure that the activities are doable and conform to the aims and means of scouting.



The preliminary schedule outlined by the PLC is then vetted and finalized by the Scoutmaster and Asst. Scoutmasters, and posted on the troop website. It should be noted that some activities, such as summer camp and high adventure camps require extensive planning and reservations well ahead of time.

Each outdoor activity is planned in detailed by the Outdoor Coordinator or specific adult and youth leader championing the activity. General work flow for planning and executing an activity is included in the Outdoor Activity Process section of this document. A comprehensive planning checklist is provided in **Appendix A** of this document and is available on our website.

Tour Plans

A tour plan must be submitted prior to a camp out or other excursions requiring travel. The activity coordinator should hold primary responsibility for submitting the tour plan. You must have authority to submit and a myscouting.org account. If you are authorized to submit a tour plan, you can go to the tour plan page using the link on you menu page once you log in to myscouting.org (see the below figure):

Escapol Home Scouting in Your Area Donate Shop Sponsors

My Profile Training Unit Tools Council Tools Events Home

My Profile
Update My Profile

Training
E-Learning
Training Validation
Unit Training Detail

Unit Tools
Bass Pro Shops Online Toolkit
National Safety Council Defensive Driving Course
Internet Advancement
Internet Rechartering
BeAScout
BeAScout Membership Application Status
Service Hours Reporting
Tour and Activity Plan
District Tools
Council Tools
Best Practices Portal
Journey To Excellence Resources

Events
Event Registration

Click Here - [Take Youth Protection Training](#)

Internet Rechartering is available for online unit renewal. For contact Member Care at myscouting@scouting.org with any concerns. Thank you.

My.Scouting Tools News

Training Manager Enhancements:
A trend chart feature is available on both the Trained Leaders and YP that shows a six-month trend of those trained and not trained in the last (Current), the previous year's trend in the same six-month timeframe (both Current and Previous year's trend (Combined)).

The Trained Leaders and YPT Aging reports are now available for division sub-district level.

Commissioner Tools April Webinar Training
The Commissioners Task Force is offering the following training for a commissioners and professionals:
Thursday, April 23, at 7 p.m. Central time—click [here](#) to register.
If you're unable to attend the webinar, helpful how-to videos are at [this link](#).

7/28/2014 **New Features, Updates Added to my.Scouting Tools**

Figure 1: myscouting.org

For all tour plans there are minimum attendance and training requirements for the adult leadership. To ensure that you are adhering to the latest requirements, click on the “Getting Started Checklist” in the “Important Information” menu on the tour and activity plan page (see below figure).

Tour and Activity Plan
Welcome: hrempe

Tour and Activity Plan

Create a Plan:

Incomplete Tour and Activity Plans (0) (will be retained for 20 days only)
Results/page:

Scheduled Tour and Activity Plans (0)
Results/page:

Completed Tour and Activity Plans (14)
Results/page:

Created Date	Tour Date	Tour ID	Tour and Activity Plan Title	Unit #	Unit Charter	View	Print	New
3/20/2015	3/20/2015	512241	Metal Detecting 2 Nights	0250 Troop	Grace Presbyterian Church			
3/12/2015	3/13/2015	508546	Camping 101	0250 Troop	Grace Presbyterian Church			
3/4/2015	3/6/2015	505482	Horseback Riding	0250 Troop	Grace Presbyterian Church			
2/19/2015	2/21/2015	500979	Winterplace Ski Trip	0250 Troop	Grace Presbyterian Church			
2/4/2015	2/7/2015	495339	Caving in Sweetwater, TN	0250 Troop	Grace Presbyterian Church			

1 2 3

Archived Tour and Activity Plans (0)
Results/page:

Important Information:

- Getting Started Checklist
- Guide to Tour and Activity Planning Principles
- Guide to Safe Scouting
- Sweet 16 of BSA Safety
- FAQs
- Tour and Activity Plan User Instructions

Filter/Search Tour Plans by:

From:

To:

Tour ID:

Unit #:

Activities:

Swimming Boating
 Climbing Wilderness
 Flights Shooting
 Other

Attending Adult (Last Name):

Keywords:

Figure 2: Tour and activity plan website

FAQ's, guides, and other informative links are provided on the page as well.

Adult Leadership

For every outdoor activity, a Scoutmaster in Charge (SMIC) is required. This is generally the activity coordinator, event champion, or other adult leader attending the event. The SMIC should have been involved in the planning for the activity. An Assistant SMIC should also be assigned for most day trips and campouts in case the SMIC cannot fulfill their responsibilities for some reason. The target attendance for adult leaders should be approximately 1 adult leader for every 4 Scouts if possible.



After the PLC has selected the activities for the calendar and the calendar is approved, the SMIC is in charge of helping the youth leadership in planning and executing each event. The SMIC has the authority to guide and change all details like departure time, patrol vs. individual cooking, routes, etc., and is ultimately in charge of execution for the outing by ensuring that the youth leadership is executing properly. If the Scoutmaster is attending, he may be part of the decision making process and may be the final approval for items requiring a higher level of consideration.

Adult leaders on a campout are responsible for mentoring, safety, and ensuring that the youth leadership is executing the plan in accordance with the means and methods of scouting. The PLC and any other youth leadership assigned to the camp out are expected to run the camp out or other activity and execute the plan with adult guidance where needed. This includes any minor issues with discipline, in keeping with the troop's focus on the Patrol Method.

Information for Youth Leaders

The youth leadership in the troop is a crucial part of the experience. As youth leaders, each campout or outdoor activity is an opportunity to improve your leadership skills, strengthen the patrol method, learn and teach new skills, and give the newer Scouts the same great experience that you have had on previous outings. Mistakes will occur and serve as a learning experience for our youth.



Youth Leadership during Planning

The PLC is responsible for deciding what they want to include on the calendar for the following season. This occurs during the annual planning meeting in June. Considerations should include any goals for the troop (such as earning an award or training needs for new scouts) and a good mix of high adventure and education (woodcraft and campcraft skills). In keeping with our troop's focus on the Patrol Method, all activities should be run by the youth and as patrols where possible.

The PLC is to work with the Outdoor Coordinator and any other adults (such as the Target First Class coordinator and adults attending) to assist in the planning process. The PLC is also responsible for some of the upfront communication on activities such as emails about the schedule, announcements at troop meetings, and the distribution of flyers about the activities. Whenever possible, the initial planning of an activities schedule and content should occur at the PLC meeting where planning for the month is conducted.

Youth Leadership during the Activity

A Senior Patrol Leader in Charge (SPLIC) is to be assigned to every camp out or activity. This can be a youth leader assigned by the SPL if the SPL is unable to make the activity. The SPLIC is to have an Assistant SPLIC assigned as well. Regardless, all youth leaders attending are responsible for assisting the SPLIC in running the activity.

Generally, the SPLIC and ASPLIC are responsible for:

- Running the camp out to include:
 - Establishing and sticking to the schedule
 - Assigning and delegating duties to Scouts
 - Assigning camping spots
 - Inspecting the site for safety concerns
 - Posting information on the troop information board (schedule, grub patrol list, etc.)
 - Delegating authority to other youth to run activities such as training and campfire programs
- Reporting to the SMIC or other adult leaders as needed
- Maintaining discipline

Some exceptions to the above responsibilities may occur during events (such as Camping 101 or Council/District activities) where adult leaders need to take a more active role in establishing the schedule and planning.

Youth Leadership after the Activity

After a camp out or other excursion the PLC will do the following:

- Discuss lessons learned at the next PLC meeting
- Do a recap of the activity at the next troop meeting
- Do a 2-minute “Lost and Found” session at the next troop meeting

PLC Documents

In addition to the troop documents available to the adult planners, documents used for planning and executing our outdoors activities for the PLC can be found in the various appendices of this document and on the troop website here: <http://www.bsa250.org/troop250/outdoor-activities/>

These include:

- Basic packing/gear list
- PLC campout planning form with schedule
- Overall campout planning work flow

Troop Gear

It is the responsibility of the troop Quartermasters and ultimately the PLC to ensure that the troop gear is clean, in good repair, and available. The adult leaders, including the adult Quartermaster, will assist the PLC with tasks such as maintenance for the troop trailers and purchasing gear.

Once a year, before the start of each new scout season, the PLC will arrange for the troop to conduct a gear inventory and cleaning. This includes the patrol boxes. Any items needing to be replaced or repaired will be inventoried and provided to the Scoutmaster along with an estimate of cost. The Scoutmaster will review and pass along to the adult Quartermaster and Troop Committee for approval.



During campouts and other activities where troop gear will be utilized, the youth leadership at the activity will ensure that the following steps are taken so that the troop gear is kept clean and in good order:

- The SPLIC, Asst. SPLIC, and Patrol Leaders will ensure that the patrols keep their patrol kitchens clean and orderly, following the guidelines for food safety
- **Scouts are not to use the propane stoves or lanterns until properly trained**
- Unpacking and packing the troop trailer is to be supervised by the Quartermaster or other youth leader as determined by the SPLIC

Campsite Rules

The SPLIC and/or designees are responsible for troop discipline during camp outs. Troop discipline means following camp rules and etiquette, Leave No Trace (LNT) principles, and the troop Code of Conduct. The following rules are to be followed and enforced by the youth leadership. Adult leadership should only get involved if the situation cannot be handled by the youth leadership or something has gone unnoticed.

- Safety:
 - No horseplay around fires or patrol kitchens
 - No fighting
 - No swimming (unless at a camp or other activity following Swim Safe procedures)
 - Always practice food safety
 - Properly establish an ax yard
 - Follow knife safety guidelines
 - Ensure that your patrols are prepared for the elements
- Camp sites:
 - Each Scout, whether sharing a tent or not, is responsible for cleanliness and maintaining an orderly campsite and for practicing LNT principles
 - No food in the tent
 - Items not being used, packed away
 - Tent and tent fly properly put up
 - Tent in a good, safe location
- Buddy system: regardless of rank or age, all Scouts must practice the buddy system
- Patrol kitchens: if used, will be kept clean and orderly
- Troop information board: shall include the camp schedule, any duties assigned, patrol/grub patrol rosters, and other important information

Schedules

Schedules are a necessary part of troop activities to ensure that goals are accomplished both for the troop and our individual Scouts. The youth leadership will ensure that the schedule for any activity is adhered to as much as possible. This includes revile in the morning. Making sure that Scouts are awake in time to conduct morning duties is critical to the schedule.

Inspections and Reporting

The youth leadership is responsible for conducting the following inspections and reports during a camp out; checklists for these inspections are on the troop website:

- **Initial campsite inspection:** this is done on the first night of any camp out, checking that all scouts have:
 - Set up the troop gear properly
 - Selected an appropriate location for their tent
 - Properly set up their tent and rain fly
 - Have secured their gear appropriately (gear not left outside of tent)
 - Camp schedule and patrol/grub master list is posted
- **Morning inspection:** this is done on the first morning of any camp out (every morning for summer camp):
 - After breakfast for most camp outs:
 - Campsites are checked for cleanliness
 - Inside of tents are checked to ensure they are neat and there is no food/trash
 - Personal gear is properly stowed
 - Tents and tent rain covers are checked again
 - Patrol kitchens and any common areas are inspected
 - After campsite check:
 - The troop is formed on the flag by patrol, in uniform
 - Each patrol leader reports to the SPL or SPLIC that they are present and/or accounted for
 - The SPL or SPLIC reports to the Scoutmaster or SMIC that the troop is present and/or accounted for
 - Flag ceremony
- **Summer Camp:** during summer camp we do not use troop gear or have a flag pole at the campsite. Reveille will occur early enough to ensure that there is time to:
 - Inspect tents and camp site for cleanliness and neatness
 - Form the troop, in the correct color t-shirt of the day, and report to the SPL/SPLIC and Scoutmaster
 - March the troop to the mess hall

An award and flagpole ribbon is given to troops that maintain a clean and orderly camp site. Troop 250 prides itself on earning this award at summer camp.

Appendix A: Outdoor Activity Planning Forms

Troop 250		
Campout Planning Responsibilities and Checklist ("Big Picture" Outline)		
Check	3 Weeks or More Prior to Campout	Pre-Trip Administration
	PLC and Outdoor/Campout Coordinator	Have a short, written description of the campout ready (if not already written). Work with the Campout Coordinator and determine what information and when to pass out at troop meetings.
	PLC and Campout Coordinator	PLC and Campout Coordinator or Adult Leader managing activity (such as the Summer Camp Coordinator) determine the information to be distributed prior to campout. Cost of event should be known at this point.
	Campout Coordinator or designated Adult	Sign the Tour Permit. Campout Coordinator will complete the form and submit to Council. This needs to be done at least two weeks before the campout.
	Campout Coordinator or designated Adult	Complete needed paperwork for any special activities that may be planned i.e., registration forms for events, gear rentals. Some activities may require reservations months ahead of time (such as horse-back riding). Activities related to merit badges should be coordinated ahead of time and any pre-requisites communicated to the troop.
Check	2 Weeks or More Prior to Campout	INFORMATION DITRIBUTION AND PREPARATION
	Youth Activities Coordinator	Youth activities coordinator should talk to the troop about the campout activities and any special campout activities or equipment needed as well as pass out flyers
	SPL with assistance from SM/ASMs	SM and SPL or designees discuss what skills will be demonstrated, taught or practiced at the campout. The SPL will choose Scouts to be in charge of these skills. SPL should give Leader in Charge the names of key youth leaders in charge of activities or training. Coordination with any MB counselor should occur now if necessary.
	SPL, campout coordinator, quartermasters	Quick review of gear if doing specialized campout
	Quartermaster (youth and/or adult)	Quick check of troop cooking/cleaning equipment
	Quartermasters (youth and/or adult)	Complete repairs as needed on any troop gear damaged during last event.
	Quartermasters (adult with youth)	Inspection of troop trailer if being used

Check	7- 10 days before campout	COMMITMENTS ARE DUE
	Campout Coordinator or Campout Adult Lead	Obtain a list of participants from the Outdoor Coordinator. Leader in Charge or the Outdoor Coordinator should send out a Troop email stating all scouts and adults attending the campout. Confirm that there are enough seatbelts for all participants.
	Campout Coordinator or Campout Adult Lead	Ensure that there is sufficient adult leadership for the campout, including properly trained leaders.
	SPL, SM and Quartermaster	Liaison to discuss any specific needs for the upcoming campout
	SPL and SM	SM and SPL review the camping program with scouts who will be assisting at the campout.
	SPL	Distribute campout schedules, patrol menu/duty rosters to Patrol leaders. Additional needs discussed.
	SPL and Quartermaster	Check status of troop first aid kit. Restock if necessary.
Check	4 days before campout	CAMPOUT PLANNING
	SM or Acting SM for activity	Obtain final list of campout participants.
	Campout Coordinator	Determine which Adult Leader/s is/are hauling the troop trailer/s.
	SM or Acting SM for activity	Obtain Copy of Tour Permit from the Outdoor Activity Coordinator
	Campout Coordinator	Make final determination of transportation requirements, adult support, PLC support.
	SM or Acting SM for activity	SM and Quartermaster and Quartermaster Liaison meet to assure the trailer, campout consumables and special equipment (if any) are packed.
	SPL	SPL should give a rundown to the troop, of the campout plans and any special instructions.
	SPL or designee	Final Campout PLC - Review with leadership the patrols' duty rosters and the final planning for the campout. Go over the skill plans and campfire plans for final approval.
	Quartermaster	INSPECT GEAR AND MAKE SURE TROOP TRAILER IS READY!
Check	Assembly before departure	Departure Day
		Open church and troop closet, get troop flag if needed
		Supervise SPL and QM in packing troop trailer (using QM check list)
		Distribute maps and directions to all drivers
		Review directions and planned meal stopping points if necessary.
		Lock down church before departure.
Check	CAMPOUT CHECKLIST OF "MUST BRING" ITEMS	
	Obtain from Medical Records Chair	Troop medical records

	Outdoor/Campout Coordinator	Tour Permit
	SM or Acting SM and Adult Leaders going	Troop Roster Phone List
	SPL and Quartermaster	Troop First Aid Kit
	SM or Acting SM	Troop Check if needed for campout fees.
	SM or Acting SM	Directions and maps obtained from coordinator at rally point
	SM or Acting SM	Troop advancement record and training materials if needed

Troop 250 - Patrol Leader's Council - Initial Planning Checklist and Schedule for Camp Outs				
<i>(To be used by PLC for initial camp out planning at least one PLC meeting prior to camp out)</i>				
LEGEND				
SPLIC (Senior Patrol Leader in Charge) SMIC (Scoutmaster in Charge) ASMs (Assitant Scoutmasters) ASPLs (Assistand Senior Patrol Leaders) EC (Event Coordinator) PLs (Patrol Leaders) GM (Grubmaster) QM (Quartermaster)				
GENERAL INFORMATION				
Camp Out Name:			Date	Time
Assemble at:		Leave:		
Event Coordinator:		Return:		
LEADERSHIP				
SPLIC:		SMIC:		
ASPLs:		ASMs:		
CAMP SCHEDULE				
Friday				
Time	Activity	In Charge	Notes	
	Start assembling at church	EC		
	Roll call	SPLIC		
	Driver selection and safety brief	EC	Pass out maps	
	Depart	SMIC		
	Arrival and and troop gear setup	SPLIC	Everyone participates	
	Personal gear setup	PLs		
	Cracker Barrel	GMs	Small snack	
	PLC Meeting	SPLIC	Make final assignments	
	Game (time permitting)	ASPLs	Or campfire program	
	Lights Out	ASPLs	Headcount and Vespers	
Saturday				
Time	Activity	In Charge	Notes	
	Early Risers - GMs, SPLIC, ASPLs, SMIC	ASPLs	Grubmasters start breakfast prep	
	Reveille	SPLIC	Rest of troop rises	
	Breakfast and Cleanup	GMs	Say Grace & Kitchens inspected	
	Morning Preparations	ASPLs	Troop tidies tents and gets uniform	
	Flag Ceremony	SPLIC	Patrol and troop reports	
	Camp Inspection	ASPLs		

	Activity		
	Activity		
	Free Time		
	Activity		
	Activity		
	Lunch and cleanup	GMs	Say Grace & Kitchens inspected
	Activity		
	Activity		
	Free Time		
	Activity		
	Activity		
	Dinner and cleanup	GMs	Say Grace & Kitchens inspected
	Flag Lowering	SPLIC	Flag retired for the night
	Free Time		
	Campfire Program	MC	Include flag retirement
	Game (time permitting)	ASPLs	Or campfire program
	PLC Meeting	SPLIC	Discuss Sunday plan
	Lights Out	ASPLs	Headcount and Vespers
Sunday			
Time	Activity	In Charge	Notes
	Reveille	SPLIC	
	Cold Breakfast and Cleanup	GMs	Say Grace
	Breakdown Troop Equipment	ASPLs	
	Pack Personal Gear	Troop	
	Police Call	ASPLs	
	Scout's Own Service	Chaplain	
	SMIC Minute	SMIC	
	Headcount	SPLIC	
	Leave for home	SMIC	

Appendix B: General Gear/Packing List

Note: the gear list is generic in nature. Some campouts may have a tailored gear list communicated by the event coordinator for certain camp outs or time of year.

Troop gear lists for the troop trailer and other items are maintained by the Quartermaster

Backpacking Generic Packing List

Weekend Backpacking (1-3 days)

(tailor list based on time of year and needs)

Clothing

- Bandana or Handkerchief - Many uses, including first aid.
- Change of Clothing - Leave in car so you can go home clean and dry
- Gloves (Liner)
- Gloves/Mittens (Warm)
- Hat (Brim) - Wide brimmed hat to protect the skin from the sun
- Hat (Knit) - Polypro hats work well. Not just for winter, good for cool evenings
- Hiking Boots - Gortex boots work well, no tennis shoes. Boots should be water treated
- Hiking Pants (Long) - Hiking pants with removable legs are best. No Blue Jeans as they don't dry out
- Hiking Pants (Shorts) - If zipper pants are used, these are not needed
- Jacket/Fleece - A fleece combined with a rain gear will eliminate the need for another jacket
- Long Underwear (Mid Weight) - Polypro under rain gear will really help if you get chilled
- Rain Gear - Breathable top/bottom, no ponchos, they don't hold up. Also serves as outer layer
- Shirt (Heavy) - 1 heavy Polypro or wool for cool weather
- Shirt (Long Sleeve)
- Shirt (Short Sleeve, Wicking) - 2-3 shirts should be brought. Excellent base layer to keep the skin dry
- Shoes (lightweight) - It usually feels good to get out of your boots at the end of the day
- Sleeping Clothes - Only worn in sleeping bag. Helps keep sleeping bag clean. Shorts & T shirt work well
- Socks (Heavy) - 2 or 3 pair of wool work well. Liners needed if wool socks are selected. No cotton socks
- Socks (Liner) - May not be needed depending on heavy sock type
- Swim Suit
- Underwear - Quick dry wicking variety better than cotton

Gear

- Backpack - 3000-6000 cu in. Internal or External frame ok. Hip belt required
- Backpack Cover - A garbage bag will work in a pinch
- Books
- Camera
- Compass
- Compression Sacks - For sleeping bag, clothing, etc.
- Cup - Large unbreakable type also serves as bowl
- Day Pack
- Eating Utensils - Unbreakable type work best. Depending on the menu, a spoon is usually all you need
- Flashlight - With extra batteries and bulbs. Bring two if you don't pack a headlamp
- Head Lamp
- Garbage Bags - 3 for Misc. use
- Hand Sanitizer
- Hiking Poles - Can be used for rain fly to reduce weigh
- Hydration Bladder - Always bring if water sources are going to be scarce. 2 quart a good size
- Knife - small one (no sheath knives)
- Lighter / Water Proof Matches

- ___ Notebook & Pen/Pencil
- ___ Sleeping Bag - Keep sleeping bag in a garbage bags to keep it dry
- ___ Sleeping Pad
- ___ Soap - Biodegradable
- ___ Straps to Attach Sleeping Bag - Only needed when using external frame pac
- ___ Stuff Sacks - Small for misc. items, and medium for food
- ___ Sun Glasses
- ___ Tent - One man for adults, two man for boys. 2 boys can share the load
- ___ Toilet Paper
- ___ Water Bottle - 2 to 3 one-quart Nalgene™ bottles. 2 usually sufficient if you bring a hydration bladder
- ___ Zip Lock™ Bags - 3 large for food and garbage

Personal Items

- ___ First Aid Kit (Small) - A small personal kit with blister control items
- ___ Food (no "wet" foods)
- ___ Gold Bond Powder - To prevent Chafing
- ___ Hand warmer (chemical) - 2-4 packets handy
- ___ Lip Balm
- ___ Whistle (for emergency use)
- ___ Prescription Medications
- ___ Search & Rescue Card - If available in your state. Included on some fishing licenses
- ___ Toilet Kit - No deodorant on trail, it attracts bears. Include personal medications
- ___ Towel (small)

Group Gear

- ___ Tick Kit - Includes tweezers, small magnifying glass, small container to store tick in (to take to doctor)
- ___ Backpacking Stove - 1 per 2-3 hikers
- ___ Bear Bag - Waterproof bags are best, and it is not just bears that you worry about
- ___ Bear Repellent - Always a good idea if Bears frequent the area
- ___ Binoculars
- ___ Cooking Pots - 1 per stove
- ___ Emergency fire starte
- ___ First Aid Kit (Large) - one well stocked larger first aid kit can be better than Scouts packing their own
- ___ GPS - With extra batteries. (Mark car location!
- ___ Insect Repellent - Know what bugs to expect where you are going
- ___ Maps - there should be at least two sets in case the group needs to split up for some reason
- ___ Rain Fly
- ___ Repair Kit - Include a small multi-tool in kit
- ___ Rope - 50 feet of parachute cord
- ___ Shovel (Small) - 1 or 2 per group. Used in conjunction with toilet paper if permitted in area
- ___ Stove Fuel - Bring extra if cold temps expected, or you will be melting snow
- ___ Sunscreen
- ___ Water Bladder (Large) - Good when water is scarce. 3 quart or larger
- ___ Water Purification Tablets or Water Purifier - 1 per 2-3 hikers is sufficient

Appendix C: Additional Forms & Checklists

As of 08/2/2015 the PLC has been tasked with developing the following checklists:

Camp inspection checklist

Troop trailer checklist (quartermaster) Include Consumable materials checklist (paper, water, cups, garbage bags)

Troop 250 Chuck Box Checklist

Chuck Box _____

<input type="checkbox"/> Cutting Board	<input type="checkbox"/> Griddle
<input type="checkbox"/> Fry Pan(2)	<input type="checkbox"/> Mixing Bowl(2)
<input type="checkbox"/> Cooking spoons(2 to 4)*	<input type="checkbox"/> Spatula(2)*
<input type="checkbox"/> Knife(2)*	<input type="checkbox"/> Measuring Cup set*
<input type="checkbox"/> Measuring spoons*	<input type="checkbox"/> Cooking fork*
<input type="checkbox"/> Veggie peeler*	<input type="checkbox"/> Can opener*
<input type="checkbox"/> Tongs*	<input type="checkbox"/> Oven mitt/hot pad
<input type="checkbox"/> Ladle*	<input type="checkbox"/> Soft spatula*
<input type="checkbox"/> Strainer	<input type="checkbox"/> Hand sanitizer
<input type="checkbox"/> Salt & Pepper	<input type="checkbox"/> Aluminum Foil
<input type="checkbox"/> Paper Towels	<input type="checkbox"/> Trash bags
<input type="checkbox"/> Cooking spray	<input type="checkbox"/> Dishwashing soap
<input type="checkbox"/> Cleaning brush	<input type="checkbox"/> Stove lighter*
<input type="checkbox"/>	<input type="checkbox"/>

*items to be placed in smaller tub

Song - Scout Vespers

Sing with reverence

Sing to tune of: "Oh Christmas Tree"

Softly falls the light of day,
While our campfire fades away.
Silently each Scout should ask
Have I done my daily task?
Have I kept my honor bright?
Can I guiltless sleep tonight?
Have I done and have I dared
Everything to be prepared?

Listen Lord, oh listen Lord,
As I whisper soft and low.
Bless my mom and Bless my dad,
These are things that they should know.
I will keep my honor Bright,
The oath and law will be my guide.
And mom and dad this you should know,
Deep in my heart I love you so.

Flag Retirement – Suggested Ceremony

NOTE: The reason we do not cut the blue star field is it represents the union of the fifty states and one should never let the union be broken.

While the Scouts are performing the flag dissection, other Scouts should start and tend a medium size, wood fire (preferably in a metal drum or incinerator). Once the flag remnants and fire are ready, you perform the following ceremony. The Scouts maintain a vigil over the fire until all traces of the flag remnants are destroyed. Then, the fire is extinguished and the ashes are buried. The burial can be completed with a moment of silence while taps is played by a bugler.

NOTE: If possible, before accepting a flag for retirement, the recipient should obtain information about its history. For example: Where has it flown? How long? Any memorable events happen at that site? This information should be used in the ceremony. A piece of paper with the flags history can be stored with it until it can be retired.

M/C The U.S. flag is more than just some brightly colored cloth.. it is a symbol of our nation.

Scout #1: Seven red stripes and six white strips; together they represent the original 13 colonies that gained us liberty.

Scout #2: The red stripes remind us of the lifeblood of brave men and women who were ready to die for this, their country.

Scout #3: The white stripes remind us of purity and cleanliness of purpose, thought, word and deed.

Scout #4: The blue is for truth and justice, like the eternal blue of the star-filled heavens.

Scout #5: The stars represent the fifty sovereign states of our union.

Adult Leader or SPL: The U.S. flag should be treated with respect when it's flying, and it should be treated with respect when it's being retired.

Scout #6: The American Creed states, "it is my duty to my country to love it, to respect its Constitution, to obey its laws, to respect its flag, and to defend it against all enemies."

Scout #7: Therefore, we retire flags with dignity and respect when they become worn, torn, faded, or badly soiled.

OPTIONAL IF HISTORY OF FLAG IS KNOWN - Adult Leader or SPL: This flag is ready to be retired. Its history is as follows:

First Raised (when):

At (location):

Memorable event or fact:

Scout #8: A flag ceases to be a flag when it is cut into pieces. We cut the flag into four pieces: three red and white striped banners and the blue star field. We leave the blue field intact because no one should ever let the union be broken.

Adult Leader or SPL: As the parts of the flag are placed in the fire remember.. Old Flags never die, they just get fired up!

The Scouts will maintain a vigil over the fire until no traces of the flag remnants remain. Then the ashes will be collected and buried.

This concludes this ceremony. Thank you for attending